Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APP | ROVAL | | | | | | | | |
|--------------------------|-------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-028 | | | | | | | | | |
| Estimated average burden | | | | | | | | | |
| hours per response | : 0.5 | | | | | | | | |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Bowers Robert E | | | | | 2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] | | | | | | | | (Che | eck all app Direc | onship of Reportinal applicable) Director Officer (give title | | on(s) to Is 10% Ov Other (s | wner | | |
|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|---------------------|---------|-----------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------|--------------|-----------------|----------|--------------------------------------------------------------------------------------------------|---------------|---------------------|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------------------------------------|---------------------------------------|-------------|--|
| (Last) 5565 GL STE, 450 | | st) (M CONNECTOR | Middle) | | | Date of Earliest Transaction (Month/Day/Year) 2/01/2023 | | | | | | | | below | | &Admii | below) | | | |
| (Street) ATLANTA GA 30342 (City) (State) (Zip) | | | | | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Line | Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| | | Table | I - No | n-Deriva | tive S | Secu | rities | Acq | uired | , Dis | posed of | , or E | 3ene | ficia | lly Own | ed | | | | |
| 1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day) | | | | | Execution Date, | | 3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5) | | | | | | Benefi | ties cially I Following | 6. Owner Form: D (D) or Ir (I) (Instr | Direct ndirect r. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | | Code | v | Amount | (A) or (D) | | rice | Transa | Transaction(s) (Instr. 3 and 4) | | | (1110411.4) | |
| Common Stock 02/01/20 | | | | | 2023 | 023 | | | Α | | 18,738(1) | Α . | | \$0 | 333,669 | | D | | | |
| Common Stock 02/01/20 | | | | | 023 | | | F | | 9,615(2) | 1 |) \$ | 10.4 | 324,054 | | D |) | | | |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | tive Conversion Date Execution Date, or Exercise (Month/Day/Year) if any | | | 4. Transaction Code (Instr. 8) | | of Deriv | r osed) r. 3, 4 | Expiration D | | ate | 7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4) | | str. | 3. Price of Derivative Security Instr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | y Ow For Oir Or (I) | vnership vrm: rect (D) Indirect (Instr. 4) | Beneficial Ownership (Instr. 4) | | |
| | | | | | Code V | | (A) | (D) | Date Exercis | sable | Expiration Date | Title | Numl of Share | | | | | | | |

Explanation of Responses:

- 1. Such shares were granted without restriction pursuant to the performance share component of the 2020-2022 Long Term Incentive Compensation plan.
- 2. In connection with the grant of the unrestricted stock award (18,738 shares) on February 1, 2023, 9,615 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations

Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.