FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington.	DC	20549	

STATEMENT	ΩE	CHANGES	INI	BENEFICIAL	OWNEDSHID
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OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Lang Barbara B				2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year)							(Che	Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify)					
(Last)	(F	irst)	(Middle)		05/07/2024								below)	give title		below)	pecily
5565 GL STE. 450		CONNECTOR								Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person						
(Street)			20242										Form fil Person	ed by Mor	e than	One Repor	ting
ATLANT	ΓA G	A 	30342		Rul	e 10b5	-1(c)	Trans	acti	on India	cation						
(City)	(S	tate)	(Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
'''' '''			2. Transa Date (Month/I		Executi) if any	2A. Deemed Execution Date, if any (Month/Day/Year)		action (Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4					Form ly (D) or		7. Nature of ndirect Beneficial Dwnership Instr. 4)	
								Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)			
Common Stock 05/				05/07	7/2024		M		15,220	A	(1)(2)	45,686		D			
Common Stock 05/07			05/07	7/2024		F		4,566(3	D \$6.95		41,120			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	′ Co	nsactio de (Inst				ate of Securities			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securitie Beneficia Owned Following Reported Transacti	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	de V	(A)	(D)	Date Expiration Exercisable Date Tit		Title	Amount or Number of Shares		(Instr. 4)				
Restricted Stock Units	\$0 ⁽¹⁾	05/07/2024		N	1		15,220	(2)		(2)	Common Stock	15,220	\$0	0		D	
Restricted Stock Units	\$0 ⁽¹⁾	05/07/2024		I		14,388		(4)		(4)	Common Stock	14,388	\$0	14,38	8	D	

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On May 10, 2023, the reporting person was granted 15,220 restricted stock units, which vested at the 2024 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. on May 7, 2024, and were settled
- 3. In connection with the vesting of 15,220 shares of deferred stock on May 7, 2024, 4,566 shares were forfeited by the reporting person and delivered to the Company to satisfy tax withholding obligations.
- 4. On May 7, 2024, at the 2024 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc., the reporting person was granted 14,388 restricted stock units, which will vest on the earlier of the 2025 Annual Meeting of Stockholders, or the anniversary of the grant date in May 2025.

Remarks:

Laura P. Moon as Attorney-in-Fact for Barbara B. Lang

05/08/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.