FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| Vashington, | D.C. | 20549 |
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| STATEMENT | OF | CHANGES | IN E | BENEFICIA | ۱L | OWNERSHI | Ρ |
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| OMB APPROVAL             |     |  |  |  |  |  |  |  |  |
|--------------------------|-----|--|--|--|--|--|--|--|--|
| OMB Number: 3235-02      |     |  |  |  |  |  |  |  |  |
| Estimated average burden |     |  |  |  |  |  |  |  |  |
| hours per response:      | 0.5 |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|  |  |  |   |                       |        |  |  |        |              |                                    |   |                        |  |                              | _   |   |   |   |  |  |
|--|--|--|---|-----------------------|--------|--|--|--------|--------------|------------------------------------|---|------------------------|--|------------------------------|---|---|---|---|--|--|
| 1. Name and Address of Reporting Person*  Bowers Robert E  |  |  |   |                       |        | 2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ] |  |        |              |                                    |   |                        |  |                              | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner |   |   |   |  |  |
| (Last)   | `  | ,  | (Middle)                                      |                       |        |  |  |        |              |                                    |   |                        |  |                              |   |   | r (give title Other (specify below)  EVP-CFO  |   |  | specify  |
| 5565 GLENRIDGE CONNECTOR<br>STE. 450   |  |  |   |                       |        |  | 4. If Amendment, Date of Original Filed (Month/Day/Year) |        |              |                                    |   |                        |  | Line                         | 6. Individual or Joint/Group Filing (Check Applicable Line)                                 |   |   |   |  |  |
| (Street)   | ΓA G.  | <b>A</b> :                                 | 30342   |                       |        |  |  |        |              |                                    |   |                        |  |                              |   | filed by One Reporting Person<br>filed by More than One Reporting<br>on |   |   |  |  |
| (City)   | (S   | tate)                                      | (Zip)   |                       | Rı     | Rule 10b5-1(c) Transaction Indication  |  |        |              |                                    |   |                        |  |                              |   |   |   |   |  |  |
| Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |  |  |   |                       |        |  |  |        |              |                                    |   | ed to                  |  |                              |   |   |   |   |  |  |
|  |  | Tab  | le I - Noi                                    | n-Deriv               | ative  | Sec  | uriti  | ies Ac | qι           | uired, l                           | Dis   | posed o                | of, o  | r Ben                        | eficial   | ly Owne   | d   |   |  |  |
| Date   |  |  | 2. Trans<br>Date<br>(Month/                   | saction<br>/Day/Year) |        | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)                            |  | ΄ Ι    | Code (Instr. |                                    | 4. Securities Acquired (A<br>Disposed Of (D) (Instr. 3,<br>5) |                        | (A) or<br>. 3, 4 and   | Securiti<br>Benefic<br>Owned | neficially<br>ned Following   |   | r Indirect<br>str. 4)   | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |  |  |
|  |  |  |   |                       |        |  |  |        | Code         | v                                  | Amount  |                        | (A) or<br>(D)  | Price                        | Reporte<br>Transac<br>(Instr. 3   | tion(s)   |   |   | (Instr. 4)   |  |
| Common Stock 02/10/  |  |  |   |                       |        | /2024  |  |        | M            |                                    | 8,160   | 0                      | ) A (1)(2  |                              | 351,265   |   |   | D   |  |  |
| Common Stock 02/10/  |  |  |   |                       | 0/2024 | 1  |  |        |              | F                                  |   | 4,358 <sup>(2)</sup> D |  | D                            | \$6.6   | .62 346,907   |   |   | D  |  |
|  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |   |                       |        |  |  |        |              |                                    |   |                        |  |                              |   |   |   |   |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deeme<br>Execution<br>if any<br>(Month/Da | Date,                 |        | ransaction<br>code (Instr.   |  | n of E |              | Date Exe<br>kpiration<br>lonth/Day | Date  |                        | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Securi<br>(Instr. 3 and 4) |                              |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)                     | 9. Number<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transactic<br>(Instr. 4) | ly  | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |  |  |   |                       | Code   | v  | (A)  | (D)    |              | ate<br>kercisabl                   |   | xpiration<br>ate       | Title  | N<br>O                       | Amount<br>or<br>lumber<br>of<br>Shares  |   |   |   |  |  |
| Restricted<br>Stock  | \$0 <sup>(1)</sup>   | 02/10/2024                                 |   |                       | M      |  |  | 8,160  |              | (2)                                |   | (2)                    |  | nmon                         | 8,160   | \$0   | 92,970  | 5   | D  |  |

## **Explanation of Responses:**

- 1. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.
- 2. On February 10, 2022, the reporting person was granted 32,641 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 10, 2024, 25% of the grant vested (8,160 shares), and were settled in PDM common stock. In connection with this vesting, 4,358 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers

\*\* Signature of Reporting Person

Date

02/13/2024

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.