FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	Pied 3. Dat	2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [PDM] 3. Date of Earliest Transaction (Month/Day/Year)									heck all a	ship of Reporti pplicable) ector ficer (give title	ng Perso	Person(s) to Issuer 10% Owner Other (specify						
(Last)	`	,	Middle)		01/30/2011										A be	low)		below)		
11695 JOHNS CREEK PARKWAY															President and CEO					
STE 350					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)															X Fo	Form filed by One Reporting Person				
JOHNS CREEK GA 30097														Form filed by More than One Reporting Person						
(City)	(S	tate) (2	Zip)																	
		Tabl	e I - N	lon-Deriv	ative S	Secu	ıritie	s Acq	uired,	Disp	osed o	f, or	Bene	ficia	ally Ow	ned				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day/				.	Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Disposed Of and 5)								6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		A) or D)	Price	Rep Tra	orted nsaction(s) tr. 3 and 4)	(iiiau.	7)	(111301. 4)	
Class A common stock 01/30/20					011			J ⁽¹⁾	V	32,08	9	A	(1)	236,393)			
Class B-3 common stock 01/30/20					2011				J ⁽¹⁾	V	32,08	9	D	(1)	0)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any				Transaction Code (Instr.		rative rities iired rosed) 3, 4	Expiratio (Month/D	n Dat	ear)	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		ount	8. Price of Derivativ Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own For Dire or I (I) (4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisal		xpiration Date	Title	of Sha							

Explanation of Responses:

1. Pursuant to a recapitalization exempt under Rule 16b-7, each share of Class B-3 common stock automatically converted into a share of Class A common stock.

<u>Laura P. Moon, Attorney-in-</u> <u>Fact</u> ** Signature of Reporting Person

02/10/2011

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.