FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	Pied	Issuer Name and Ticker or Trading Symbol     Piedmont Office Realty Trust, Inc. [ PDM ]      Date of Earliest Transaction (Month/Day/Year)										all app	nship of Reporting applicable) Director		rson(s) to 1							
(Last)	(Fir	,	Middle)			05/11/2010										Officer (give title below)			Other (specify below)			
11695 JOHNS CREEK PARKWAY STE. 350						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) JOHNS CREEK GA 30097															X	Form filed by One Reporting Person  Form filed by More than One Reporting  Person						
(City)	(St	ate) (Z	Zip)																			
		Tabl	e I - N	lon-Deriv	ative S	Secu	ıritie	s Acc	uired,	Disp	osed of	f, or	Bene	eficia	ally (	Owne	ed					
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day/						Execution D			3. Transaction Code (Instr. 8)		4. Securities Acquired Disposed Of (D) (Instr. and 5)				3, 4 Sec Ber Owi		curities neficially ned		vnership n: Direct r ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	Amount		A) or O)	Price	,	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(111541. 4)						
Class A c	010				A		2,525(	1)	A \$		0	11,716		D								
Class A c	2010				F		783(2)		D	D \$19.		.8 11,716			D							
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, rity or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		ıstr.			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or	mber	r								

## Explanation of Responses:

- 1. All of the granted shares are subject to previously disclosed lock-up agreements until January 30, 2011.
- 2. In connection with the grant of 2,525 shares of deferred stock on May 11, 2010, 783 shares were delivered to the Company to satisfy tax withholding obligations, in accordance with the Company's 2007 Omnibus Incentive Plan.

Laura Moon, Attorney-in-Fact 05/13/2010

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.