FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Bowers Robert E						Issuer Name and Ticker or Trading Symbol     Piedmont Office Realty Trust, Inc. [ PDM ]     3. Date of Earliest Transaction (Month/Day/Year)										all app Direc		ng Pe	10% C	)wner	
(Last)	(Fir	st) (M	Middle)			05/24/2016									X	Officer (give title below)			Other below)	(specify	
11695 JOHNS CREEK PARKWAY															EVP-CFO						
STE. 350						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)												X Form filed by One Reporting Person									
JOHNS CREEK GA 30097																Form filed by More than One Reporting Person					
(City)	(Sta	ate) (Z	Zip)																		
		Tabl	e I - I	Non-Deriv	ative S	Secu	rities	s Acc	quired,	Dis	posed of	f, or	Bene	eficia	ally (	Owne	ed				
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/					Execution Date			ate,	Transaction Disposed Code (Instr. 5)			ities Acquired (A d Of (D) (Instr. 3,			S, 4 and Secu Bend Own		urities F eficially ( ned I		wnership n: Direct or rect (I) r. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		A) or D)	Price	,	Reported Transaction(s) (Instr. 3 and 4)		(11104	4,	(111501. 4)	
Common Stock 05/24/20					)16			A		26,048	(1)	Α	\$ <mark>0</mark>		199,216			D			
Common Stock 05/24/20					016				F		3,123(2	2)	D	\$19.91		196,093			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		str.	8. Price of Derivative Security (Instr. 5)		9. Number of derivative securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	or Nui of	ount mber ires							

## Explanation of Responses:

- 1. Of the shares granted, 25% vest on the day of the grant, and the remaining shares vest ratably on the anniversary date of the grant date over the following three years.
- 2. In connection with the vesting of 25% of the restricted stock award (6,512 shares) on May 24, 2016, 3,123 shares were forfeited by the employee and delivered to the Company to satisfy tax withholding obligations.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Robert E. Bowers 05/26/2016

\*\* Signature of Reporting Person Date

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.