FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			or Section So(n) of the investment Company Act of 1940	
1. Name and Address of Reporting Person [*] Bowers Robert E			2. Issuer Name and Ticker or Trading Symbol <u>Piedmont Office Realty Trust, Inc.</u> [PDM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify
(Last) 5565 GLENRII STE, 450	(First) (Middle) NRIDGE CONNECTOR		3. Date of Earliest Transaction (Month/Day/Year) 02/10/2023	A below) below) EVP-CFO&Admin Off
(Street) ATLANTA (City)	GA (State)	30342 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Of (D) (Instr. 3, 4 and 5) Code (Instr.		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	02/10/2023		М		8,160	A	(1)(2)	332,214	D	
Common Stock	02/10/2023		F		3,925(1)	D	\$10.4	328,289	D	
Common Stock	02/13/2023		М		12,749	A	(2)(3)	341,038	D	
Common Stock	02/13/2023		F		6,133 ⁽³⁾	D	\$10.55	334,905	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts. calls. warrants. options. convertible securities)

(e.g., puts, cans, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			7. Title and of Securit Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Restricted Stock Units	\$0.0 ⁽²⁾	02/10/2023		М			8,160	(1)	(1)	Common Stock	8,160	\$ 0	35,557	D	
Restricted Stock Units	\$0.0 ⁽²⁾	02/13/2023		А		50,995		(3)	(3)	Common Stock	50,995	\$ <u>0</u>	86,552	D	
Restricted Stock Units	\$0.0 ⁽²⁾	02/13/2023		М			12,749	(3)	(3)	Common Stock	12,749	\$ 0	73,803	D	

Explanation of Responses:

1. On February 10, 2022, the reporting person was granted 32,641 restricted stock units, vesting in four equal, annual installments beginning on the grant date. On February 10, 2023, 25% of the grant vested (8,160 shares), and were settled in PDM common stock. In connection with this vesting, 3,925 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations.

2. Each restricted stock unit represents a contingent right to receive one share of PDM common stock. Restricted stock units may be settled in cash or common stock at PDM's election.

3. On February 13, 2023, the reporting person was granted 50,995 restricted stock units, vesting in four equal, annual installments beginning on the grant date. As such, 25% of the grant vested (12,749 shares) on February 13, 2023, and were settled in PDM common stock. In connection with this vesting, 6,133 shares were forfeited by the employee and delivered to PDM to satisfy tax withholding obligations. **Remarks:**

/s/ Laura P. Moon as Attorney-

02/14/2023

in-Fact for Robert E. Bowers
** Signature of Reporting Person

on Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.