FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL											
l	OMB Number:	3235-0287										
l	Estimated average burden											
l	hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  BARRETT KELLY HEFNER						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]									Check all a	hip of Reportir pplicable) ector ficer (give title	109	o Issuer o Owner er (specify	
(Last) (First) (Middle) 5565 GLENRIDGE CONNECTOR							3. Date of Earliest Transaction (Month/Day/Year) 05/15/2018									low)	belo		
STE. 450  (Street)  ATLANTA GA 30342						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person				
(City)			Zip)			Form filed by More Person										re than One R	eporting		
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execution Date,			Transaction Disposed Code (Instr. 5)			ties Acquired (A) d Of (D) (Instr. 3, 4			nd Sec Ben Owi	mount of urities eficially ned Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect	
										v	Amount	1)	A) or D)	Price	Trai	isaction(s) tr. 3 and 4)		(1130.4)	
Common Stock 05/15/2							2018		F		1,048	1)	D	\$18	.25	15,398	D		
Common Stock 05/17/2							2018		A		4,484	2)	A	\$	0	19,882	D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Date,	4. Transactic Code (Inst				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price of Derivativ Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Ame or Nun of Sha	ber					

## **Explanation of Responses:**

1. In connection with the vesting of 3,741 shares of deferred stock on May 15, 2018 (the date of the 2018 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc.), representing the vesting of an initial grant made on May 18, 2017, 1,048 shares were forfeited by the director and delivered to the Company to satisfy tax withholding obligations.

2. Shares granted will vest on the earlier of the 2019 Annual Meeting of Stockholders of Piedmont Office Realty Trust, Inc. or the anniversary of the grant date in May 2019.

## Remarks:

/s/ Laura P. Moon as Attorneyin-Fact for Kelly H. Barrett

05/17/2018

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.