FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burd	len						
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Bowers Robert E						2. Issuer Name and Ticker or Trading Symbol Piedmont Office Realty Trust, Inc. [ PDM ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) 11695 JC	(Fir	st) (M	Middle)		3. Da 05/1			est Trans	saction (Month/Day/Year)						X	Offic belo	er (give title w)		(specify	
STE 350	4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)											X Form filed by One Reporting Person									
JOHNS C	CREEK GA												Form Pers	•	e than One Re	porting				
(City)	(Sta	ate) (Ž	Zip)																	
		Tabl	eI-N	lon-Deriv	ative	Secu	uriti	es Acc	quired,	Dis	posed of	f, or	Ben	efici	ally	Own	ed			
1. Title of Security (Instr. 3)				2. Transacti Date (Month/Day	/Year)	Executio		Date,	3. Transaction Code (Instr. 8)					ed (A) tr. 3, 4	3, 4 Sec Ben Owi			6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount		(A) or (D)	Price		Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	(Instr. 4)			
Class A co	ommon sto	ek		05/18/2	010				A		1,250(1	1)	A	\$	0	1	2,758	D		
Class B-1	common s	tock		05/18/2	010				A		1,250(1	1)	A	\$	0	1	2,554	D		
Class B-2	common st	tock		05/18/2	010				A		1,250(1	1)	A	\$	0	1	2,555	D		
Class B-3	common st	tock		05/18/2	010				A		1,250(1	1)	A	\$	0	1	2,555	D		
Class A co	ommon sto	ck		05/18/2	010				F		405(2)		D	\$18	3.67	1	2,758	D		
Class B-1 common stock				05/18/2010				F		406(2)	_	D	\$18.67		12,554		D			
Class B-2 common stock				05/18/2010				F		406(2)		D	\$18.67				D			
Class B-3	common st			05/18/2					F		406(2)		D	\$18			2,555	D		
		Та	ble II	- Derivati (e.g., pu							sed of, onvertib					wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Executif any	BA. Deemed Execution Date, f any		4. Transaction Code (Instr. 8)		Number rivative curities quired or sposed (D) str. 3, 4 d 5)	6. Date Exerc Expiration Da (Month/Day/Y		ite	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		f g	of Deri Secu	rivative Scurity Estr. 5) F	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership	
	of Pasanasas:				Code	v	(A)	(D)	Date Exercisa		Expiration Date	or Numi		mber	er					

## Explanation of Responses:

- 1. All amounts reported herein reflect the recapitalization of the Company's common stock and the related adjustment of outstanding stock awards, whereby each share of the Company's common stock was converted into 1/12th of a share each of the Company's Class A, B-1, B-2 and B-3 common stock.
- 2. In connection with the vesting of 5,000 shares of deferred stock on May 18, 2010, 1,623 shares were delivered to the Company to satisfy tax withholding obligations, in accordance with the Company's 2007 Omnibus Incentive Plan.

Robert E. Bowers 05/20/2010

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.